



Berserker Street State School

Newsletter: 1st August, 2017

Berserker Street North Rockhampton PO Box 9911 Frenchville 4701
Phone 49 990 333 Fax 49990 300
Principal: Mrs Rebecca Hack

Email: the.principal@berserkerstreetss.eq.edu.au

ANNUAL BOOK FAIR

Thank you to all the students, parents, carers, teaching staff and grandparents who came along and supported our annual Book Fair for 2017. The grand total sold was **\$3571.10** which is awesome. This means we have over **\$800** to spend on new resources for our Library. The three \$20 vouchers were won by Toby 3L, Richard 4G and Shawntika 6C.

NAIDOC DAY



Our annual Berserker Street State School NAIDOC DAY CELEBRATIONS were

held on Thursday 20th July. Thank you to Mrs Mooney, Mrs King, Miss Minnie, Mr Mitchell and the many helpers who assisted on the day. Students were able to participate in dancing, art, storytelling etc. Thank you to the members of the Aboriginal and Islander community who came along and also assisted in the Celebrations.

WOOLWORTHS EARN & LEARN IS BACK!

Woolworths is giving us the chance to receive some amazing new educational equipment through their Earn & Learn program.

TO GET INVOLVED:

1. Shop at Woolworths and you'll get 1 Earn & Learn Sticker for every \$10 you spend.
2. Place all your stickers on a Woolworth's Earn & Learn Sticker Sheet. You can pick one up from the school, a Woolworths store or

you can even download one from the internet (see below).

3. Once you've completed your Sticker Sheet, pop it into a Collection Box at the office or at a local Woolworth's store.

If you don't have a sticker sheet, you can still drop your stickers in to the box provided and the school will place them on a spare sheet.

This program provides a huge range of resources for our school.

Start collecting your Woolworths Earn & Learn Stickers today. Go to www.woolworths.com.au/earnandlearn for more information.

ROCKHAMPTON DISTRICT ATHLETICS

On Tuesday 18th and Wednesday the 19th July the BSSS Athletics Team competed at Rockhampton High School. We have several students who now will compete at the Greater Rockhampton District Carnival in two weeks. A big thank you to all the staff that assisted over the two days they all did an excellent job. A special mention must also go to Mr Thornton, Mrs Lawton, Mr Christensen for coaching our competitors leading up to the event. All of our students represented our school with great behaviour and sportsmanship. Some of the outstanding results were from: Rhiannah Brown, Bianca Petersen, Jack O'Neill, Jonathon Hockley, Josh Bale, and Iziah Broome.

ENROL NOW FOR PREP 2018

Parents are encouraged to enrol their children now, if they are eligible to attend Prep in 2018.

Information packages and enrolment forms are available from the office for children who wish to commence Prep in 2018 and beyond. If your child turns five by June 30th 2018, they are eligible for Prep next year. The table below is a guide to assist families to determine their child's Prep eligibility.

Birthday	2018	2019	2020	2021
01/07/12 to 30/06/13	Prep Year	Year One	Year Two	Year Three
01/07/13 to 30/06/14	Kindy	Prep Year	Year One	Year Two
01/07/14 to 30/06/15		Kindy	Prep Year	Year One
01/07/15 to 30/06/16			Kindy	Prep Year

Enrolments always welcome!

VIRTUES

These are the virtues that students will be learning about this fortnight. Please take the time to talk to your children about these.

Week 4: Love

Love is a special feeling that fills your heart. You show love in a smile, a pleasant way of speaking, a thoughtful act or a hug. Love is treating people and things with special care and kindness because they mean so much to you. Love is treating other people just as you would like them to treat you - with care and respect.

Week 5: Consideration

Consideration is being thoughtful about other people and their feelings. It is thinking about how your actions affect them and caring about how they feel. It is paying attention to what other people like and don't like, and doing things that give them happiness.

SCHOOL RULE FOCUS:

When an adult tells you to do something, you do it.

At Berserker, all students are expected to follow instructions given to them by an adult. This ensures that our classrooms are productive and safe learning environments and that our playgrounds are safe for everybody. The only exception to this rule is if a student feels the instruction they have been given is not safe. In this instance they are to report immediately to the school principal. Please reinforce with your child that they are expected to follow instructions given to them by adults at school.

FROM THE GUIDANCE OFFICER

Sleep and School

When we are tired, it is harder to function in our everyday lives. Our energy levels are down, we are not alert and our ability to learn is severely affected. It is a parent's/carer's responsibility to provide the best environment for our children to sleep well every night. This article from The National Sleep Foundation provides further information for you to ensure your child is well rested every day.

Sleep and School-aged Children (6-13 years)

Children aged six to 13 need 9-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

Sleep problems and disorders are prevalent at this age. Poor or inadequate sleep can lead to mood swings, behavioural problems and cognitive

problems that impact on their ability to learn in school.

Sleep Tips for School-aged Children

- Teach school-aged children about healthy sleep habits.
- Continue to emphasize need for regular and consistent sleep schedule and bedtime routine.
- Make child's bedroom conducive to sleep – dark, cool and quiet.
- Keep TV and computers out of the bedroom.
- Avoid caffeine.

<http://sleepfoundation.org/sleep-topics/children-and-sleep/page/0%2C2/>

NATURAL MATHS

Rounding

Rounding is the forerunner of and one of the most widely used estimation strategies. When shopping for instance we round to the nearest *friendly number* or dollar amount depending on the situation.

Rounding Rules	
\$1.23	↗ \$1.25
\$2.32	↘ \$2.30
12.5	↗ 13

STUDENT ABSENCES

Our **Student Absence Hotline is 49990366**. This number is able to be contacted 24hrs a day.

It is really important to call the school or call the Student Absence Hotline on the above number, in the morning if your child is going to be away or late for school so your child's absence can be recorded correctly. When using our Absence Hotline, please follow these simple steps by stating:

- **1. Student's name**
- **2. Class**
- **3. Date of absence**
- **4. Reason for absence**

• 5. Duration of absence

Same day notification

Our school will contact parents as soon as practicable on the day if a student is not at school and we haven't been notified of a reason for their absence. If you are advised by the school that your child is away without a reason, please contact the office on 49990333 as soon as possible, to let us know where your child is. We will follow-up with parents if no response is received.

BREAKFAST CLUB

Breakfast Club is available to all students every Monday from 8.00 am to 8.40 am at the stadium.

We are always in need of helpers from 8am to 9am on Monday mornings. If you would like to join us - could you please call the School Office on 4999 0333 and leave your name and phone number so we can contact you.

TUCKSHOP

The Tuckshop is open before school and both lunch breaks Monday to Friday

Volunteers are always needed so please contact the office or pop in and see Cherie at the tuckshop if you are able to help out.

Tuckshop Breakfast: Tuesday to Friday 8am till 8.40am. New **Wednesday only special**, this is on top of regular breakfast club menu. Special is:

Sausage on bread with a cup of milo \$3.00	and or	Blueberry muffin, hash brown and a cup milo \$3.00
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Lunch orders are taken each morning. Students should have their orders on a paper bag clearly named or provide 10c extra for a bag from the tuckshop. **STUDENTS NEED TO FILL OUT TWO BAGS IF THEY WANT TUCKSHOP BOTH LUNCHESES.** Orders must be in by **9am** (otherwise the tuckshop is only able to offer jam or vegemite sandwiches).

BEFORE AND AFTER SCHOOL CARE AT BERSERKER



Berserker Street State School offers before and after school care here at Berserker. This is run by PCYC in the Hall located near the Berserker Street Entrance of the school.

Operating hours:

Before School Care 6:30am – 8.45am
(open to all schools).

After School Care 2:45pm till 6.00pm
(BSSS students only).

Vacation Care (operates from PCYC Rockhampton) 7.30am – 6.00pm.

For more information please contact Toni on 0418116481. PCYC coordinate this wonderful service, for more information email: berserkerstsac@pcyc.org.au

IMPORTANT DATES FOR 2017

Fri 25 th August	Mathy Matt Show
Thurs 31 st August	Prep & Year 1 We're going on a Bear Hunt
Friday 8 th September	Centenary Celebration Open Day
Saturday 9 th September	Opening of the Time Capsule, Official Ceremony and School Tours 9am till 11.30
Sat 9 th December	Centenary Gala Ball from 6.30 pm
Friday 15 th September	Term 3 ends
Tuesday 3 rd October	Term 4 starts

COMMUNITY NOTICES

C&K BERSERKER KINDERGARTEN

2 positions Available now!!!

2017 Group 1 (Monday, Tuesday and alternating Wednesday)

berserker@candk.asn.au

<https://www.candk.asn.au/berserkerstreet>

07 49269 342

ELFIN HOUSE COMMUNITY CHILDCARE

- 12 weeks to 5 years
- Open 6.30am-6pm
- Water Park
- Natural Playground
- Government funded Kindergarten program
- Experienced Staff

PHONE: 49283944, FAX: 49283701

elfinh@bigpond.com

<http://www.elfinhouse.com.au>

FIRST 5 FOREVER AUGUST 2017 ROCKHAMPTON REGIONAL LIBRARIES

*TALK *PLAY *READ *SING

Thurs 03	Sensory Storytime (Bookings essential 49368043)	9.30 & 10.30am	Rockhampton Regional Library
Fri 04	Lively Toddler Time	10-10.30am	Rockhampton Regional Library
Sat 05	Dads Read	10-11am	Mount Morgan Library
Tues 08	Read with me	10-11am	Rockhampton Regional Library
Wed 09	Read with me	10-11am	North Rocky Library
Fri 11	Lively Rhyme Time	10-11am	Gracemere Community Centre
Thurs 17	Read with me	10-11am	Gracemere Community Centre
Fri 18	Teddy Bear's Picnic	10-11.30am	North Rocky Library
Sat 19	Lively Rhyme Time	10-11am	North Rocky Library
Mon 21	Read with me	10-11am	Mount Morgan Library
Tues 22	Lively Toddler Time	10-10.30am	North Rocky Library
Wed 23	Lively Rhyme Time	10-11am	Mount Morgan Library

ROCKY GROCERY HAMPERS

\$70.00 GIVES YOU FRESH, FROZEN AND PANTRY ITEMS. OVER \$100.00 IN VALUE!!!

Go to
<https://www.facebook.comrockygroceryhampers>
for more information.

Rebecca Hack
Principal