



# Berserker Street State School

## Newsletter: 3<sup>rd</sup> August, 2015

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### ANNUAL BOOK FAIR

Thank you to all the students, parents, carers, teaching staff and grandparents who came along and supported our annual Book Fair for 2015. Our grand total sold was **\$4727.30** which is our best ever Book Fair. This means we have **\$1418** to spend on new resources for our Library. The three \$20 vouchers were won by Romarnie PNP, Connor 3M and Alysha 5L.

### WOOLWORTHS EARN & LEARN IS BACK!

Woolworths is giving us a chance to receive some amazing new educational equipment through their annual Earn & Learn program.

#### TO GET INVOLVED:

1. Shop at Woolworths and you'll get 1 Earn & Learn Sticker for every \$10 you spend.
2. Place all your stickers on a Woolworth's Earn & Learn Sticker Sheet. You can pick one up from the school, a Woolworths store or you can even download one from the internet (see below).
3. Once you've completed your Sticker Sheet, pop it into a Collection Box at the office or at a local Woolworth's store.

If you don't have a sticker sheet, you can still drop your stickers in to the box provided and the school will place them on a spare sheet.

This program provides a huge range of resources for our school.

Start collecting your Woolworths Earn & Learn Stickers today. Go to [www.woolworths.com.au/earnandlearn](http://www.woolworths.com.au/earnandlearn) for more information.

### GET SET FOR PREP 2016!

**If your child turns five by June 30<sup>th</sup> 2016, they are eligible for Prep next year.** Enrolments and Information Packages are now available from the office for children Prep 2016. The table below is a guide to assist families to determine their child's Prep eligibility.

Birthday	2016	2017	2018	2019
01/07/10 to 30/06/11	Prep Year	Year One	Year Two	Year Three
01/07/11 to 30/06/12	Kindy	Prep Year	Year One	Year Two
01/07/12 to 30/06/13		Kindy	Prep Year	Year One
01/07/13 to 30/06/14			Kindy	Prep Year

### *Enrolments always welcome!*

#### DISTRICT ATHLETICS

A big thank you to Mrs Rankin for again organising the BSSS Athletics Team to compete at the district carnival last week.

We would also like to thank Mrs Lawton for giving up her time to coach our competitors, and to Mr Rogers for his assistance with setting up each day.

Our students did a great job representing the school. They all competed to the best of their ability! Special congratulations to Ebony Gow and Will Johnston who have been selected to participate in the

Capricornia trials later this week. Ebony won the overall girls' high jump with a new PB of 1.22m. Will placed third overall in the combined 11 Years boys' shot put with a new PB of 8.52m.

### EVERY DAY COUNTS!

Establishing good routines around school can assist with regular attendance. These include:

- Have a set time to get out of bed
- Have uniform and school bag ready the night before
- Have a set time for starting and finishing breakfast
- Set a time for daily homework activities
- Speak about school positively
- Send your child to school every school day including their birthday and the last day of term from Prep.

If you are experiencing difficulty in sending your child to school, contact the school principal for advice and support. [www.education.qld.gov.au/everydaycounts](http://www.education.qld.gov.au/everydaycounts)

### NUMBER SPLITTING

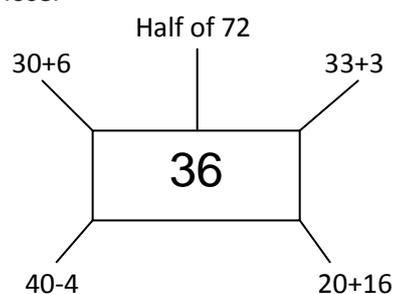
As adults, we use number splitting 'on the run', so to speak. To find \$36 and \$47, we are likely to start with a front-end addition, adding  $30 + 40$  first before adding the remaining 13. Often this is because we need an estimate, or ball-park figure, first. There is no need to add the 6 and 7, if we know that we don't want to spend more than \$70. So what we do to make the addition manageable is to split the numbers into useable parts.

There are many ways in which 36 and 47 can be split.

1. The keen doubler would split 47 into 36 and 11, because  $36 + 36 = 72$  is part of their repertoire.
2. Another person might prefer to split 36 into 33 and 3, because  $3 + 47$  is easy and you only then have to add in the remaining 33.
3. The front-end addition method splits both numbers into their 10s

and 1s parts on the basis that they can more easily be handled separately.

Whichever approach is taken, the first step is to see that 36 can be split in different ways. After that, the actual addition strategy used will depend on which of the number splitting possibilities you chose.



### STUDENT ABSENCES

Our **Student Absence Hotline** is **49990366**. This number is available 24 hours a day.

When using our Absence Hotline, please follow these simple steps by stating:

- **1. Student's name**
- **2. Class**
- **3. Date of absence**
- **4. Reason for absence**
- **5. Duration of absence**

### ISLAND DREAMING PERFORMANCE

On Wednesday 29<sup>th</sup> July we had the Island Dreaming production come to our school. Island Dreaming is a storytelling program which incorporates traditional indigenous stories, song and dance, instruments (e.g. didgeridoo, bira, kulaps) and cultural insights. Phil Geia, was the presenter who had students participate in a fun and enjoyable presentation which exposed our students to the richness of the Aboriginal culture. The feedback from teachers was that the students really enjoyed the hands on performance and storytelling.

## NCCD

The Nationally Consistent Collection of Data is again on. This collection of data regarding Students with a Disability assists with funding opportunities to better help students with special needs. Please contact Kellie Baldwin if you would like more information.

## BREAKFAST CLUB

Breakfast Club is available to all students every Monday. A healthy breakfast of cereal, toast, juice and milo is available from 8.00 am to 8.40 am at the stadium. We are in need of helpers from 8am to 9am on Monday mornings. If you would like to join us - could you please call the School Office on 4999 0333 and leave your name and phone number so we can contact you.

## TUCKSHOP

The Tuckshop is open before school and both lunch breaks Monday to Friday

Thanks to Raeleen who volunteers on Tuesdays, and Cheryl for volunteering Thursdays. Assistance is required Monday, Wednesday and Friday. Please contact the office or pop in and see Cherie at the tuckshop if you are able to help out.

**Tuckshop Breakfast:** Tuesday to Friday  
8am till 9am.

Lunch orders are taken each morning. Students should have their orders on a paper bag clearly named or provide 10c extra for a bag from the tuckshop. **STUDENTS NEED TO FILL OUT TWO BAGS IF THEY WANT TUCKSHOP BOTH LUNCHESES.** Orders must be in by **9am** (otherwise the tuckshop is only able to offer jam or vegemite sandwiches).

## FROM THE GUIDANCE OFFICER

### Sleep and School

When we are tired, it is harder to function in our everyday lives. Our energy levels are down, we are not alert and our ability to learn is severely affected. It is a parent's/carer's responsibility to provide

the best environment for our children to sleep well every night. This article from The National Sleep Foundation provides further information for you to ensure your child is well rested every day.



### Sleep and School-aged Children (6-13 years)

Children aged six to 13 need 9-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours. Sleep problems and disorders are prevalent at this age. Poor or inadequate sleep can lead to mood swings, behavioural problems and cognitive problems that impact on their ability to learn in school.

### Sleep Tips for School-aged Children

- Teach school-aged children about healthy sleep habits.
- Continue to emphasize need for regular and consistent sleep schedule and bedtime routine.
- Make child's bedroom conducive to sleep – dark, cool and quiet.
- Keep TV and computers out of the bedroom.
- Avoid caffeine.

<http://sleepfoundation.org/sleep-topics/children-and-sleep/page/0%2C2/>

## BEFORE AND AFTER SCHOOL CARE AT BERSERKER



Berserker Street State School offers before and after school care here at Berserker. This is run by PCYC in the Hall located near the Berserker Street Entrance of the school. Times are 6:30am till school starts and

2:45pm till 6pm. For more information please contact Toni on 0418116481. PCYC coordinate this wonderful service and now also provide before school care for other schools and will do drop offs to these schools as well.

### INSTRUMENTAL MUSIC NEWS

Our string and band students are learning to play some great music. It is good to see so many attending lessons with their instrument and music. Mrs Everitt, Miss Hickerson and Mr McCabe are noticing a big difference with the students who regularly play at home.

All students have started working on music for the annual Combined Schools Concerts. The String Concert is Monday 17<sup>th</sup> August and the Band Concert is Tuesday 18<sup>th</sup> August at North Rockhampton High School.

Notes have been sent home with details on the day workshop and night concert, these are due back to the office by Monday 10<sup>th</sup> August.

A reminder to the older students that they have String rehearsal at first lunch on Tuesdays and Band rehearsal before school on Fridays. We can't wait to hear these students performing on parade later in the year.

#### String News

All first year violin, cello and bass students are set the challenge to play Twinkle Twinkle Little Star 100 times. Congratulations to Paige Williams who was the first student to complete this task. Well done to Brody Menk and Ella Smith who have also completed the challenge.

### VIRTUES

These are the virtues that students will be learning about this fortnight. Please take the time to talk to your children about these.

#### Week 4: Justice

Practicing justice is being fair in everything you do. It is seeing with your own eyes and not judging something or someone by what other people tell you. Being just is standing up for your rights and the rights of other people. It is taking responsibility if you make a mistake and making amends. Justice means that every person's rights are protected.

#### Week 5: Trustworthiness

Trustworthiness is being worthy of trust. People can count on you to do your best, to keep your word and to follow through on your commitments. Others can rely on you. They can trust that if it is at all possible, you will do what you said you would do, even if it becomes really hard. When you are trustworthy, others can be sure of you and you can be sure of yourself.

### SCHOOL RULE FOCUS:

#### *When an adult tells you to do something, you do it.*

At Berserker, all students are expected to follow instructions given to them by an adult. This ensures that our classrooms are productive and safe learning environments and that our playgrounds are safe for everybody. The only exception to this rule is if a student feels the instruction they have been given is not safe. In this instance they are to report immediately to the school principal. Please reinforce with your child that they are expected to follow instructions given to them by adults at school.

### IMPORTANT DATES FOR 2015

5 <sup>th</sup> August	Capricornia athletics trials
19 <sup>th</sup> August	P&C Meeting
19 <sup>th</sup> September	School Holidays

Rebecca Hack  
Principal